

The Midtowner

2020-21

Rotary
Chandigarh Midtown



Club No. 15228
R.I. District 3080

Weekly Bulletin of Rotary Club Chandigarh Midtown
View online: www.rotarychdmidtown.org

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THE FOUR WAY TEST

- Of the things we think, say or do
1. Is it the TRUTH?
 2. Is it FAIR to all concerned?
 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
 4. Will it be BENEFICIAL to all concerned?

Volume 45 No. 32 Dated: 09 February 2021

PROGRAMME

Club Assembly

Farewell to
PDG Rtn. Shaju Peter

Hybrid Meeting

Physical Venue: **Gymkhana Club, Sector 01 Panchkula**

Virtual Zoom Platform: ID - 6291653178
Password:15228 | Change in Time: 6 p.m.
Date: February 12, 2021 (Friday)

Attitude of Gratitude

Click here to watch video on [YouTube](https://www.youtube.com) - <https://youtu.be/-UIFFdV0Ugs>

On February 05, 2021 Chief Guest of our hybrid meeting, Rtn. Sandeep Bogra was welcomed by President Rtn. Sanjay Bhatia. He said, "We have gone through times of despair and now hopefully we are entering times of hope."

AG PP Rtn. Dr. Rita Kalra formally introduce chief guest Rtn. Sandeep Bogra as a life and relationship coach, motivational speaker, author par excellence and the most eligible bachelor from Rotary Chandigarh City Beautiful.



Rtn. Sandeep Bogra

He is certified coach under Tony Robins, the finest American life and business strategist and certified NLP practitioner under American board and approved counselor from UK. He is also certified business communications skill expert from Dale Carnegie institute. Born and brought up in Chandigarh, he lives with his father in Kalka.

He is alumnus of SD College where he did his B.Com and Chartered Accountant (CA) from The Institute of Chartered Accountants of India and Executive MBA (Finance) from Institute of Management Technology, Ghaziabad. He has a decade long consultancy experience in India and Middle East. Currently he is freelancer and practicing under brand someone listening. His father and role model is PP Rtn. Bipin Bogra, a senior Rotarian from Rotary Club Pinjore and currently serving as Chief Sergeant-at-Arms of RI District 3080. His two sisters are happily married and settled with their families. Sandeep in Hindi means a lighted lamp, one who enlightens people with their name and proceed in organized way towards their goal. By nature they are very courageous, popular, successful and very creative. They are career oriented, future thinkers, very kind and genuine.

Dr. Rita said, "The most important thing I want to share with you today is that it is time to start something new and trust the magic of beginnings. As we start our magical journey of fellowship again with new social norms we need to retreat and look back at the lessons learnt from worst ever pandemic of the century. It has woken us to the fact that old ways of doing things just don't work and that it does not matter how much money you make if everyone around you is hungry and sick, when we think not just about ourselves but about each other and that we are in gratitude for our life, for all the good things we have, all the good experiences and all that we can share." She added, "As a Rotarian you all have your own Rotary moments of gratitude, those opportunities which not only changed lives of those whom you touched but also your own! Packed in a beautiful wrapped paper with colorful ribbons and glittery stickers Rotary gives you attitude of gratitude."



Collar ceremony: Sergeant-at-Arms PP Rtn. R.K. Luther presents collar to President Sanjay Bhatia

In a very colourful and fruitful presentation Rtn. Sandeep Bogra expressed his delight to address our meeting, a hybrid of physical and virtual and connected with all present in an interactive conversation.

Sandeep said we all have problems in life and we entirely focus on these problematic issues and blow it out of proportion. So we should search on a thought process so that we experience and focus on the good that we have in our life and appreciate these good things.

Donations to our Welfare Trust are exempted u/s 80 G of IT Act

Sandeep suggested, “So why not focus on the good even when we are in a challenging situation because problems will come and go. We need to definitely take care of problem solving mechanism. The most important thing is the Attitude of Gratitude.” Gratitude is the best attitude!

Sandeep was pleased to see the wonderful award ceremony during the meeting, that is, the vocational awards presented to the persons for their attitude of doing good for the society. This event of our club is an attitude of gratitude as we felicitated, appreciated and congratulated them.

“Attitude is everything in life.” Success and failure in life also depends on Attitude of Gratitude because it gives us a positive mindset leading to a positive mind, positive vibes, positive life and positive energy around us.

Referring to the pandemic of 2020, Sandeep said, “We were into a different mindset. It was a chaotic situation for the entire world. We had problems and challenges of all sorts.” Rather than focusing on good opportunities, this pandemic brought to us to focus on rising number of cases in the world. We wanted to know these figures and share with everyone.

People were so engrossed with these type of news that they were disturbed and literally started getting into depression. People focused on seeing the news and get more worried. It became a difficult situation for many people to manage. During this period Sandeep shared many videos on his youtube channel addressing such problems and suggesting how to manage their mindset during this situation.

Sandeep conveyed to all present that when we achieve our ultimate goal, it makes us happy but for the entire pathway through it, is what we shall feel as a moment of happiness, pride and progress for us. We should be thankful and appreciative of what we have done so far, that is what makes us happy.

Attitude of gratitude which we need to have, is not just for ourselves but towards everyone in life. This helps us in developing finest relationship within our family, professional life and outside world. The more we appreciate others and are thankful to them, it will create a healthy environment and this will certainly make us happy.

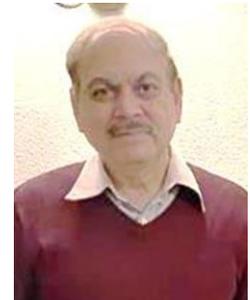
For being thankful, “We should say it, feel it and do it”, and for this Sandeep congratulated all Rotarians for doing this wonderfully.



Vocational awards were presented to: Constable Krishna of Traffic Police, Chander Mohan Sanitary Worker, Priti Diwakar Data Entry Operator, Manbir Singh Hospital Attendant and Tirath Singh Saini Pharmacist. Rotarians were physically present at Danbro Restaurant owned by PE Salil Chopra, to honour the awardees. Others present were President Sanjay Bhatia, AG Dr. Rita Kalra, PP B.L. Ramsisaria, PP R.K. Luther, PN Dr. Sanjay Kalra, Director Vocational Service Anupam Jain and Secretary Shuchi Thakur

Sandeep concluded with a request to claim his digital copy of the book, ‘The Door to Destiny’, which is free for limited time only on his website www.sandeepbogra.com.

PP Rtn. R.K. Luther conducted the Vocational award ceremony. Our Club felicitated class four dedicated Government employees with vocational service awards for serving beyond the call of their duty during the pandemic.



Danbro Restaurant – Courtesy PE Salil Chopra

Our club honoured these persons with vocational service awards. The event was well organized by Director Vocational Services Rtn. Anupam Jain and PP Rtn. R.K. Luther, with support of President Sanjay Bhatia and AG Rtn. Dr. Rita Kalra. The awardees were honoured with a certificate and cash award of Rs. 3000 each.

On behalf of the Club, Director International Service President Nominee Rtn. Dr. Sanjay Kalra thanked Rtn. Sandeep Bogra for his enlightening talk about life, attitude and gratitude which is a must for everybody’s life.

[Click here to enjoy the video of the proceedings](#) of our meeting, uploaded on our youtube channel.



Address by President Sanjay Bhatia



Introduction of chief guest by PP Dr. Rita Kalra



Vocational Award conducted by PP R.K. Luther



Vocational Award organized by Rtn. Anupam Jain



Vote of thanks by Rtn. Dr. Sanjay Kalra



Invocation by Taruna Invoking blessings of God

District appointments Rotary Year 2021-22
 Shared by Assistant Governor 2021-22 PP Rtn. Salil Dev Singh Bali

Rotary
District 3080

Shekhar Mehta
RI President
2021-22

Ajay Madan
District Governor
2021-22

Rtn. Dr Vanita Gupta
Chairman,
Disease Prevention

Rotary
District 3080

Shekhar Mehta
RI President
2021-22

Ajay Madan
District Governor
2021-22

Rtn. Balam K Gupta
Chairman,
Legal Aid

Rotary
District 3080

Shekhar Mehta
RI President
2021-22

Ajay Madan
District Governor
2021-22

Rtn. Dr V J S Vohra
Chairman,
Disability Empowerment

Rotary
District 3080

Shekhar Mehta
RI President
2021-22

Ajay Madan
District Governor
2021-22

Rtn. Rajinder K Goyal
Chairman,
Consumer Awareness

Rotary
District 3080

Shekhar Mehta
RI President
2021-22

Ajay Madan
District Governor
2021-22

Rtn. Prem Anand
Sgt at Arms

Rotary
District 3080

Shekhar Mehta
RI President
2021-22

Ajay Madan
District Governor
2021-22

Rtn. Deepak Sood
Chairman,
CSR

Rotary
District 3080

Shekhar Mehta
RI President
2021-22

Ajay Madan
District Governor
2021-22

Rtn. Dr B.C. Gupta
Chairman,
Consumer Protection

Rotary
District 3080

Shekhar Mehta
RI President
2021-22

Ajay Madan
District Governor
2021-22

Rtn. Dr Sanjay Kalra
Chairman,
Rotary Friendship Exchange

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SESSION ON
Cancer Awareness & Education

BY
Prof. Dr Bhavana
Department of Radiotherapy and
Oncology PGI Chandigarh

February 4, 2021
12:00 PM

Supported by:

Rotary Rotary Chandigarh Midtown

Wedding anniversary Celebrations



R'ann Bir Gulati and PP Rtn. Ajit Gulati celebrated their Wedding anniversary on 04.02.2021 at the Golf Club in presence of PDG Rtn. Shaju Peter with his daughter Nancy, PDG Rtn. Madhukar Malhotra, PP Rtn. Subash Bindra, R'ann Neeru Malhotra and R'ann Veena Bindra



Rtn. Suman Gupta and Mr. Naresh Gupta celebrated their wedding anniversary on 05.02.2021 in our virtual meeting

Captured by the Editor for the Collage from Zoom / hybrid meeting on 05.02.2021



L-R: Chief Guest Rtn. Sandeep Bogra, PDG Shaju Peter, PP B.L. Ramsisaria, President Sanjay Bhatia, PP Dr. Balram Gupta, PP Amarjit Singh, PP Dr. V.J.S. Vohra, R'ann Indu Vohra, PP Prem Anand, R'ann Indu Anand, PE Salil Chopra, PN Dr. Sanjay Kalra, AG PP Dr. Rita Kalra, Rtn. J.S. Chopra, R'ann Tavinder Chopra, Rtn. Prof. Dr. I.S. Dua, Rtn. Anup Sharma, Rtn. Indu Luthra and Rtn. Dr. Shashi Jain

Laughter designed by PP Rtn. Ar. Pallav Mukherjee

"This month your wife will speak less"
Nothing related to astrology ...it is just that this month has only 28 days!! 😄



A good laugh heals a lot of hurts

Acknowledgement with thanks

Donation for Club Projects

Rtn. Dr. Col. V.K. Kapoor (Aastha Project \$ 30) Rs, 2220

Birthday of Rotarians

Rtn. Dr. Manisha Sahni 13 Feb
PP Rtn. R.T.P.S. Tulsi 14 Feb

Wedding Anniversary

R'ann Urmil and PP Rtn. R.K. Luther 14 Feb
R'ann Dipali and Rtn. Shashikant Adokar 17 Feb
R'ann Brij Bala and Rtn. M.K.Handa 18 Feb
R'ann Banita and Rtn. Puneet Ahuja 18 Feb

DANBRO
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Rtn. Salil Chopra

PDG Rtn. Shaju Peter

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PP Rtn. T.S. Anand

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Rtn. Sanjay Bhatia

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