



R. I. President
Kalyan Banerjee

District Governor
Manpreet Singh

President
Raj Kumar Luther

Secretary
Amarjit Singh

Editor
Dr. V. J. S. Vohra

Volume XXXVI No. 11 Dated: September 13, 2011

PROGRAMME

Installation of President & Team 2011-12
Rotaract Club of Dev Samaj College

Friday, September 16, 2011

Time: 7.00 p.m.

Venue: Hotel President, Sector 26, Chandigarh

Every Man Should have Prostrate Check up



Dr. Narmada P. Gupta

Chief Guest in our club meeting on September 09, 2011 Dr. Narmada P. Gupta, Chairman, Academic and Research Urology, Medanta Institute of Kidney and Urology, The Medicity, Gurgaon, Delhi was introduced by PP Rtn. Dr. Balram K. Gupta. Dr. Narmada P. Gupta is highly qualified Urologist with degrees in MBBS, M.S. (Surgery), M.Ch. (Urology), D.Sc (Hon). He was the

Professor & Head, Department of Urology, All India Institute of Medical Sciences (AIIMS), New Delhi. He has attained professional memberships as; President, Urological Association of Asia, Past President, Urological Society of India, Organizing Chairman, 9th Asian Congress of Urology, Board Member, Societe Internationale D' Urologie, Member, American Urological Association, Member, Society of Endourology and SWL, Life Member, Association of Surgeons of India, Urological Society of India, Geriatric Society of India, Urolithiasis Society of India, Indian Medical Association, Indian Society of Organ Transplantation, Indian Society of Oncology, Indian Endoscopy Society and Indian Association of Laser Surgery.

He has expertise in Robotic Surgery for Cancer Prostate, Cancer bladder, Testis and kidney cancer. Urologic Oncology, Reconstructive Robotic Surgery (Robotic pyeloplasty for PUJ obstruction, Robotic adrenal surgery ureteric and retroperitoneal surgery, robotic urogynecology, robotic sacro colpopexy), LASER Prostatectomy /TURP for Benign enlargement of Prostate (BPH), Minimally Invasive Surgery for stone management (kidney, ureter and bladder stone), Reconstructive surgery for Stricture urethra, Micro surgery for male Infertility, Prosthetic surgery for Male Erectile Dysfunction, Urinary Incontinence, Female Urological surgery for Stress Urinary Incontinence, Fistula.

He has large number of publications to his credit; 280 papers in various National & International Journals, 9 Chapters in

books, Published 3 books and prepared 9 teaching video films. He is highly decorated with Awards and Honours, having received "Padmashri" by Govt. of India, 'Dr. B.C.Roy National Award' for 'Eminent Medical Teacher', Ranbaxy Foundation Award – Clinical Research, Fellow Academy of Medical Sciences, President's Gold Medal, Urological society of India, 2003, Col. Sangham Lal Memorial Oration, Academy of Medical Sciences, 2002, Dr SK Sen Memorial Oration, Delhi State Chapter, ASI, 2002, Distinguished Teacher's Award, IKDRC, Ahmedabad, 2000, International Scholarship, Cleveland Clinic Foundation, Ohio, 1998, Dr. Pinnamaneni Venkateswara Rao Endowment Lecture Award and Gold Medal in the field of Urology by Urological Society of India, Certificate of "Commendation for Excellence in the field of Urology" by USI, 1987 and D.K. Roy Chowdhary Oration Award, IMA, South Delhi Branch 1990.

As Chairman of Academic and Research Urology at Medanta Institute of Kidney and Urology, Dr. Narmada P. Gupta is responsible for a unique resource for those with the diseases of the urinary system, including the kidneys, bladder and prostate gland. Excellent urological care is required with latest technology including Robotic surgery for diseases of urogenital system like stone disease, Benign enlargement of the Prostate, Cancers of the Prostate, bladder, Kidney, congenital diseases, infections, Male infertility, Erectile dysfunction, Urinary incontinence, renal failure etc.

The key factor is one stitch in time saves nine!

President R.K. Luther made the right choice for expression of gratitude by Rtn. Dr. Col. V.K. Kapoor, a highly acclaimed and eminent Urologist, who is always approachable to Rotarians who seek his valuable advice and treatment at his KUC Hospital having super speciality and sophisticated surgical facilities. Dr. Kapoor thanked Dr. Narmada P. Gupta for sharing his vast experience with us and enlightening the subject which concerns every man.



Rtn. Dr. Col. V.K. Kapoor presents a memento to Dr. Narmada P. Gupta



Dr. Narmada P. Gupta presents wedding anniversary gift to R'ann Asha & Rtn. D.K. Gupta

R'ann Santosh & PP Rtn. Dr. Kesho R. Gupta share cake cut by Rtn. Madhu Sudan Manaktala.

Dr. Narmada Gupta presents award of punctuality to PP Rtn. Saroj Jhawar. Looking on is President R.K. Luther

Eye, Dental & Medical check up camp on 24.9.11 at Attawa

Rotary Club of Chandigarh Midtown in collaboration with Sanjivni Medical and Educational Trust will be holding Mega Eye check up, dental and medical check up camp on Saturday, September 24, 2011 at Rural Poly Clinic, Attawa, Sector 42, Chandigarh, starting from 10 a.m. All

Rotarians and Anns are invited. Inauguration of the camp will be at 11 a.m.

Dr. Chaman L. Luthra, Dr. Rajiv Luthra and Dr Sudhir Luthra ophthalmologists from USA and some eminent specialists from the city will also join.

Know Your New Fellow Rotarians

Rtn. Gobind Khandelia
 Clf. Tin Containers Manufacturing
 Add: (O) Praneet W.T.R. India Pvt. Ltd.
 214, Industrial Area, Phase 1, Chandigarh-160002
 (R) 1321, Sector 19-B, Chandigarh-160019
 Phone: (O) 2657189
 (R) 2725557
 Mobile: 9814908211
 Email: gobind_khandelia@hotmail.com
 Fax No.: 0172-2651766
 D.o.B: 27.07.1983
 Wedding: June 27
 Member from: August 2011
 Position held: Member
 Spouse: Uneza
 Vocation: Housewife
 D.o.B: May 30
 Children: Raunak (S)

Rtn. Satish Chander Kapoor
 Clf. Banking Administration
 Add: (O) & (R) 423, Sector 37-A, Chandigarh-160036
 Phone: (O) & (R) 2692238
 4656423
 Mobile: 9501037423
 9316028084
 Email:
 Fax No.:
 D.o.B: 01.07.1943
 Wedding: February 18
 Member from: August 2011
 Position held: Member
 Spouse: Ranjana
 Vocation: Housewife
 D.o.B: October 12
 Children: Mittu (D)
 Ashish (S)

KUC
 Superspeciality Surgical Center

Rtn. Dr. (Col.) V.K. Kapoor
 Chairman, KUC

24 Hrs. Emergency Services

Facilities:
 Endoscopic Procedures
 Urinary Stones
 Lithotripsy, PCNL, URS,
 Endo-Cystolithotomy,
 Laser-Endolithotomy,
 TUR/Balloon Tumors,
 TUR Prostate and
 Laser Prostatectomy

Pediatric urology,
 Dialysis, Infertility and
 Impotency

Laparoscopic and General
 Surgeries

Physiotherapy solutions for
 various ailments

Orthopaedics Procedures
 General and Orthopaedics
 Traumatology, Primary and
 Revision Joint Replacements,
 Arthroscopy, Distally
 Corpectomy, Limb Lengthening
 and Spine Surgeries

Kidney and Urterone Center with Orthopaedics and Physiotherapy Solutions.
 Site No. 2 Opp. 45th Traffic Light, Near Githubara, Sector 46-B,
 Chandigarh Ph. : 8172-382982-11 Fax : 2829833

Rtn. A.K. Puri

PSG HYDRO POWER & CONSULTANCY (P) LTD.

All Types of Civil Engineering Works Including

Infrastructures
 Hydro Power
 Transmission Lines
 Switch Yards
 Roads
 Bridges &
 All Types of Buildings.

Regd. Office: 307, Sec 37-A, CHD. Ph. (91-0172) 2692974
 E-mail: psghydro@powerconsultancy@yahoo.co.in
 psghydro1@gmail.com

Rtn. Anil K. Khanna

INTERNATIONAL FINANCE & BUSINESS ADVISORY
 to
 make Your **Business**
 More
Competitive & Profitable

ACG
 akkconsulting.com

AKK CONSULTING GROUP
 Overseas : USA, Canada, UK & Hong Kong
 India : New Delhi, Chandigarh & Jalandhar
 Phone : +91-98157-94444
 E-mail : info@akkconsulting.com

CII
 making things happen in another world !

RCC Members fight for Rights of Disabled

Rotary Community Corps (RCC) of Dadumajra, sponsored by Rotary Club Chandigarh Midtown, has a dedicated group of disabled persons like Balwant Singh Dardi who was elected as State President of Physical Handicapped Association (PHA), Punjab state for the 15th time, Kashmir Singh Sanawa elected as Chairman of PHA for the 7th time, and Harmesh Kumar who became General Secretary of PHA for the Punjab state for the first time. Harmesh lost his father at a very young age, and in spite of his both legs being affected by polio, he completed his education, and has a decent job not only to support his family, but also dedicates himself for the cause and welfare of other disabled persons, for which our club has honoured him with a Vocational Award.

These differently abled gentlemen always fight for the rights of disabled persons and they strongly advocate the Persons With Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act, 1995.

Retired Chief Engineer Gurbir Singh Kochar (who moves on his wheel chair), our RCC Panchkula leaders K.C. Wadhawan (both legs severely affected by polio) and S.P. Bandoria (using an artificial leg) are also making efforts in their own unique way to sensitize the society to bring about a positive attitude, and change the way disabled people function, by overcoming the hurdles they encounter, and empower themselves to lead a life of dignity and pride!

Our another RCC at Khuda Ali Sher is also doing meaningful community projects. Our club is having three RCCs under its umbrella. Out of these, two RCCs, that is, Dadumajra and Panchkula are dominated by disabled persons who are dedicated to serve not only the disabled but they also carry out other community projects. We have not heard of similar RCCs any where in the world and we are fortunate to have these physically challenged persons with us to shoulder the responsibilities!

John Hewko meets Bill Gates on Polio Eradication

General Secretary and CEO of Rotary International John Hewko met with Bill Gates, cochair of the Bill & Melinda Gates Foundation, 7 September in Seattle, Washington, USA, to discuss moving forward together to eradicate polio and continuing to energize Rotarians to see the eradication effort through to the finish.

"The meetings at the Gates Foundation were very productive," Hewko says. "Bill Gates recognized the enormous contribution of Rotary to the cause of polio eradication and the tremendous capacity of Rotarians to continue the fight. We identified several concrete opportunities to work even more closely together to achieve our mutual goal of a polio-free world."

Polio eradication is within reach. The Global Polio Eradication Initiative (GPEI) has made significant steps forward since the launch last year of its new strategic plan and the bivalent oral polio vaccine. Among the four polio-

endemic countries, India has reported only one case of the disease so far this year. A recent report by the GPEI Independent Monitoring Board, while noting some concerns in meeting GPEI goals, nevertheless stated that India is "on track to interrupt transmission this year."



As long as polio threatens even one child anywhere in the world, children everywhere remain at risk. Rotarians can help end the disease by providing funding and reminding their communities and government leaders that polio still exists and causes tremendous suffering.

Source : Rotary International News

Congratulations Bir & Ajit Gulati

Our heartiest congratulations to R'ann Bir & PP Rtn. Ajit Gulati, who are back from their USA/Canada trip. Their son PHF Prabhjot Gulati and daughter-in-law PHF Nimma, have been blessed with a daughter, Shabad, younger sister of Bani

HITECH INDUSTRIES LIMITED
(An ISO 9001 Company)
Rtn. R.S. Sachdeva



the producer of all types of
**Medical & Industrial Oxygen, Nitrogen,
Zero Air, Argon, Liquid Nitrogen
and Gas Mixtures.**

For your requirement please Contact :
315-316, Industrial Area, Phase IX, Mohali, Punjab 160062
Tel : 0172 2212122, 2212124, Fax : 0172 2233686
Mobile : 98724-97200, 98151-07100
Email: marketing@hitechindustries.org, hightech@sancharnet.in



Rtn. Darshan Singh Kalsi


a glamorous makeover for your interiors

A&A provides you with complete solutions to give your Kitchens, wardrobes and doors a glamorous makeover! Our built-up units are a perfect combination of futuristic features, space saving utilities, convenience and aesthetic designs, offered at the most competitive prices. For more information write to us at info@sanmodular.in

A & A Modular Systems
Corporate Office : B-38, Industrial Area, Phase II,
SAS Nagar (Mohali), Punjab, INDIA -160 055
Mobile : +91 98160 03838



PP Rtn. Indrajeet Sengupta
Composite Power System
"He profits most who serves best"



Authorized Dealers
Eicher Engine Divn., TMTL Abnair
QUALITY AFTER MARKET SPARE PART AND SERVICE
GREYHOK CATERPILLAR, KUBOTA, CUMMINS, LETLAND

257, Industrial Area, Phase-I, Chandigarh - 160 002
Phone: 0172-4603257, 2650422 Fax: 0172 2650422
E-mail: compositepower@hotmail.com

Shaju, an eighty percentor in French!

Scoring 240 marks out of 300 in the Diploma in French examination held by Panjab University, results of which were declared last week, PDG Shaju Peter missed the first rank by just 2 marks! He says, "To recover from my deep sense of disappointment, I have enrolled myself for the Advanced Diploma course which will take me through yet another year of immersion in French language and

culture."

We congratulate Shaju on his achievements in 'extracurricular' activities, and we should also learn time management from him. He attends to his business and Rotary work meticulously, and then finds time to study French! He just got back from Colombo after attending the Rotary South Asia Conference. Then he was off to Chail for the Governors' retreat.

Ann's Column

Kashmiri Kava Recipe by R'ann Veena Bindra

A drink that soothes your soul the traditional green tea with spices and almonds is enjoyed by kashmiris throughout winters. Cloves, cinnamon and ginger - the 3 ingredients used in this recipe mixed with Kashmiri green tea and flavoured with cardamom is what helps you relieve headache and maintain fluid levels too. Kashmiri green tea is available at most food & provision stores.

Preparation time is a few minutes. Boiling for 10 minutes. Ingredients used are;

- 4 tsp kashmiri green tea
- 4 pinches of saffron (kesar) strands
- 2 cardamoms (elaichi), slightly crushed
- 8 almonds (badam), blanched and chopped

- 1 stick of cinnamon (dalchini)
- 2 cloves (laung / lavang)
- 2 tbsp sugar

Method:

1. Boil 3 cups of water along with cinnamon, cardamom and cloves and pour over the tea. Leave to infuse over a very low flame.
2. Meanwhile, dissolve saffron in a little water by rubbing it gently.
3. Strain the tea and add the saffron liquid together with almonds.
4. Serve hot.

Donations for Club Projects – Acknowledged with Thanks!

Rtn. Chitranjan Aggarwal

Rs. 1100/-

Birthday of Spouse

R'ann Vinny Sachdeva



September 19

Punctuality Draw

Won by PP Rtn. Saroj Jhawar

Birthday of Rotarians

Rtn. Anil Kishore Khanna

Rtn. Surjit Kumar

PP Rtn. Anil K. Mehan



September 19

September 21

September 22

Wedding Anniversary

R'ann Indu & IPP Rtn. Prem Anand

R'ann Rashi & Rtn. Praveen Khosla

September 17

September 18