



The Midtowner

Bulletin of Rotary Club of Chandigarh Midtown: R.I. District 3080

R. I. President
Sakuji Tanaka

District Governor
Manmohan Singh

President
Ritu Singal

Secretary
Ashok Puri

Editor
Dr. V. J. S. Vohra

Volume XXXVII No. 20 Dated: November 13, 2012

PROGRAMME

Stress Management

Chief Guest: Mr. V.K. Kapoor, IPS (Retd.)

Friday, November 16, 2012

Time: 6.30 p.m.

Venue: Hotel President, Sector 26, Chandigarh

Diwali Celebrations

Our last club meeting was held on Sunday, November 11, 2012 at Sip 'n' Dine in Sector 7, Chandigarh to celebrate Diwali. Thanks to President Ritu Singal, Secretary Ashok Puri and big support from PDG Shaju Peter, the function was a grand success, full of fun and lightening enjoyment. Harleen, daughter of Rtn. Amarjit Singh greeted us all with a traditional welcome. Everybody present spoke high of the excellent arrangements.

There was live music with dance floor over crowded, interesting games, fellowship and sumptuous dinner. There was also return gifts for every family! It was an impressive gathering of over 100 with large number of Rotarians, R'anns and their families, who carried home sweet memories of a splendid evening of lights and happiness. Our guests included PDG Yoginder Diwan, PDG Maj. Som Dutt & Brijji and Dr. B.C. Gupta, IAS.



All Rotarians made joint efforts to write the name of our club by lightening the diyas



Traditional welcome by Ms. Harleen to IPP R.K. Luther, R'ann Urmil, Akshat and Aarnav



Lightening the diyas jointly won by Rtn. P.K. Verma and Rtn. Amarjit Singh get awards from President Ritu Singal



Tambola being conducted by R'ann Indu Anand and R'ann Malabika Sengupta, assisted by President Ritu



Ladies who won the games and got prizes from President Ritu Singal and Secretary A.K. Puri, L-R: Rtn. Dr. Rita Kalra, R'ann Shashi Gupta, Ms. Shivani d/o PE Deepak Sood and Ms. Sonia



PP Anil Mehan, President Ritu, other Rotarians and R'anns dance to live music given by Mod Musical Group



PDG Shaju Peter, President Ritu and Secretary A.K. Puri present birthday gift to PP Rtn. Ajit S. Gulati



President Ritu presents wedding anniversary gift to Rtn. Kanand Diwan & PDG Rtn. Yoginder Diwan



President Ritu Singal, Harleen and Mrs. Rami Panag with Cheshire Homes inmates, selling candles



Rtn. Dr. Rita Kalra with President Rtr Sushant sell candles



Ladies busy with a game of making diyas from flowers



PDG Shaju gives wedding anniversary gift to Rtn. Dr. Shashi Jain & Mr. Naresh Jain (who is in USA)



PDG Shaju Peter presents birthday gift to R'ann Indu Vohra



PDG Shaju Peter and President Ritu present birthday gift to Rtn. Dev Jeet Singh



PDG Shaju presents birthday gift to Rtn. A.K. Sachdeva

Diwali Dhamaka..... 3 projects in 3 days!

President Ritu Singal celebrated the week before diwali with a big 'dhamaka'! She selected three consecutive days 7th, 8th & 9th to organize meaningful activities. She said, "The best way to celebrate diwali is to spend time with less fortunate."

November 7th - Home Care Nursing: Diwali was celebrated with Home Care Nursing students at Sector 15, Chandigarh. In his welcome address Director Vocational Service PP Prem Anand,

quoting Pattanathu Pillai, said "Kindness and compassion to all living things is the noblest code of ethics." Present on the occasion were Dr. B.D. Gupta, President Mrs. Ritu Singal, PP B.L. Ramsisaria, PP R.S. Chandgotia, PE Deepak Sood and Rtn. Vinod K. Jawa. Inner Wheel Chandigarh Midtown was represented by President Mrs. Sangh Mitra, PP Mrs. Deepa Sahib Singh and PP Mrs. Uma Gupta.



Dr. B.D. Gupta, PP B.L. Ramsisaria, PP R.S. Chandgotia, PP Prem Anand, President Ritu Singal and Inner Wheel Chandigarh Midtown PP Deepa Sahib Singh with Home Care Nursing students

KUC
Superspecialty Surgical Center

H.P. Govt. Approval

ECHS Empanelled (For Uls & Other)

Rtn. Dr. (Col.) V.K. Kapoor
Chairman, KUC

24 Hrs. Emergency Services

Facilities
Endourological Procedures
Urology, PCNL, URS,
Endo-Cystolithotomy,
Laser-Endolithotomy,
TUR (Bladder Tumors),
TUR Prostate and
Laser Prostatectomy

Pediatric urology, Urolymphomas, Infertility and Impotency

Laparoscopic and General Surgeries

Physiotherapy solutions for various ailments

Orthopaedics Procedures
General and Orthopaedics
Traumatology, Primary and
Revision Joint Replacements,
Arthroscopy, Debridement
Corrections, Limb Lengthening
and Spine Surgeries

Kidney and Urostone Center with Orthopaedics and Physiotherapy Solutions.
Bldg No. 2, Opp. 434E Traffic Lights Near Gunadwar, Sector 46-D,
Chandigarh Ph. : 9172-2620622-11 Fax : 2620633

Rtn. A.K. Puri

PSG HYDRO POWER & CONSULTANCY (P) LTD.

All Types of Civil Engineering Works Including

Infrastructures
Hydro Power
Transmission Lines
Switch Yards
Roads
Bridges &
All Types of Buildings.

Regd. Office: Both No. 131, Motor Market Manimajra,
Chandigarh - 160 101, M No. 78277 00784
E-mail: psghydropowerconsultancy@yahoo.co.in
psghydro1@gmail.com

Rtn. Anil K. Khanna

INTERNATIONAL FINANCE & BUSINESS ADVISORY

to
make Your **Business**
More
Competitive & Profitable

ACG

akkconsulting.com

AKK CONSULTING GROUP

Overseas : USA, Canada, UK & Hong Kong
India : New Delhi, Chandigarh & Jalandhar
Phone : +91-98157-94444
E-mail : info@akkconsulting.com

CIH

— making things happen in another world ! —

Home Care Nursing is a very useful and unique training program of Dr. Vikrant Gupta Memorial Foundation, which was started by our Charter President Dr. B.D. Gupta. Inner Wheel and our club are closely associated since last many years.

President Ritu Singal presented a cheque of Rs. 20000/-, on behalf of our club, to Dr. B.D. Gupta. She spoke to the students about Florence Nightingale, the founder of modern nursing, who in spite of her rich background chose this noble path for the mankind. Eight students also spoke about why they chose home care nursing to serve the people. Ritu also distributed gifts and sweets to students. President Inner Wheel Sangh Mitra also addressed the gathering and wished good luck to students.

November 8th - Interact Club of Sikhya School perform at SOREM: To celebrate International Interact week, Interact Club members of Sikhya School, Sector 46, Chandigarh, along with

Mrs. Kanan Diwan, Rtn. Amarjit Singh, R'ann Sudha Puri, R'ann Neena Verma, Rtn. Vinod Jawa, PP Dr. V.J.S. Vohra, Rtn. Dr Rita Kalra and Rtn. Sanjay Bhatia took the children in their cars to SOREM.

Mrs. Promila Chander Mohan, Secretary SOREM and her faculty organized the seating arrangements in the hall. The program started with shabad by students of Sikhya School followed by dance. All the students, of both the schools, had a gala time. They were served refreshments sponsored by Ritu, Amarjit and Rita Kalra.

The challenging concept of putting up Interact Club at SOREM was also discussed again. All the Rotarians purchased candles from SOREM and carried the sweet memories of the time spent with these special children.

Our special thanks to Principal of Sikhya School Mrs. Sonia



Interact club and students of Sikhya School entertain the special students of SOREM

Rotarians of Chandigarh Midtown organized a music and dance workshop for special children of SOREM in Sector 36, Chandigarh. 37 students of Sikhya School, smartly dressed up for the occasion, along with 2 teachers and the music instruments were ready at 9:30 a.m. President Ritu Singal, PDG Shaju Peter, Rtn.

Channi, Rtn. P.K. Verma and Neena ji who coordinated the event and made it possible.

November 9th - Cultural Program by Interact Club of Sikhya School for Senior Citizens: Students of Sikhya School, Sector 46,



Cultural Program by Interact Club and students of Sikhya School for senior citizens

HITECH INDUSTRIES LIMITED
(An ISO 9001 Company)
Rtn. R.S. Sachdeva




the producer of all types of
**Medical & Industrial Oxygen, Nitrogen,
Zero Air, Argon, Liquid Nitrogen
and Gas Mixtures.**

For your requirement please Contact :
315-316, Industrial Area, Phase IX, Mohali, Punjab 160062
Tel : 0172 2212122, 2212124, Fax : 0172 2233666
Mobile : 98724-97200, 98151-07100
Email: marketing@hitechindustries.org, hightech@sanchamel.in



Rtn. Darshan Singh Kalsi


a glamorous makeover for your interiors

A&A provides you with complete solutions to give your kitchens, wardrobes and doors a glamorous makeover! Our built-up units are a perfect combination of futuristic features, space saving utilities, convenience and aesthetic designs, offered at the most competitive prices. For more information write to us at info@aamodulars.in

A & A Modular Systems
Corporate Office : B-30, Industrial Area, Phase III, SAS Nagar (Mohali), Punjab, INDIA - 160 055
Mobile : +91 98160 03838



PP Rtn. Indrajeet Sengupta
Composite Power System
"He profits most who serves best"



Authorized Dealers
Eicher Engine Div., TMTL Alwar
QUALITY AFTER MARKET SPARE PART AND SERVICE
GRAVELS, CATERPILLAR, KIRLOSKAR, COMBUSTOR, LETLAND

257, Industrial Area, Phase-I, Chandigarh - 160 002
Phone: 0172-4603257, 2650422 Fax: 0172 2650422
E-mail: compositpower@hotmail.com

Chandigarh presented before Chandigarh Senior Citizen Association (CSCA) a wonderful cultural program of religious songs, skits, bhanga etc. which was properly organized under able guidance of Principal Mrs. Sonia Channi and the teachers. Present on the occasion from our club were PDG Shaju Peter, President Ritu Singal, Secretary Ashok Puri & R'ann Sudha Puri, Rtn. Mrs. Kanan Diwan, Rtn. Dr. Rita Kalra, Rtn. Dr. Col. V.K. Kapoor, Rtn. Sanjay

Bhatia & R'ann Ritu Bhatia and Rtn. Vinod Jawa & R'ann Pushpa Jawa.

Mr. D.S. Grewal President, CSCA and Rotarians thanked the Principal and teachers of Sikhya School for organizing such entertaining programme presented by Interact Club and students of Sikhya School. Delicious lunch was served to all Guests.

Therapy for special children

On 31-10-2012 SOREM School inaugurated a therapy for special children called Labyrinth (Harward University Approved) to improve concentration and reduce hyperactivity of brain. All rotaractors of Chandigarh participated very enthusiastically and initiated the project called buddy so that these children are not

isolated and accepted in main stream. The school has been chosen by our club for formation of interact club also.

Rtn. Dr Rita Kalra Director New Generations attended the inaugural ceremony and arranged a workshop of dance and music for special children by Interactors of Sikhya on 8-11-2012.

Two micro loans given this week

We gave out two loans this week. One loan of Rs. 30,000/- has been given to Jai Kumar Upadhyay. He will use this money to refurbish his LCV truck which he uses to transport small loads in Mohali. His truck needs to be put in shape before it can be certified again by the

authorities. This loan is guaranteed by IPPR.K. Luther.

The second loan of Rs. 30000/- was given to Sunil Kumar Pandey for starting a screen printing business in Sector 27. He is a supplier of printed office stationery such as visiting cards, letter pads etc.

President Ritu Singal's Facet of Peace - Step 16 : Expand your capacity for love

If we go into a darkened room and turn on the lights it does not matter if the room has been dark for years – we turn on the light and

it is illuminated. So let us turn on the light by expanding our capacity for love.

Acknowledgment with thanks

Diwali Celebrations were sponsored by:

PDG Shaju Peter & R'ann Lovy	-	Dinner
Rtn. Dr. I.S. Dua and Rtn. Dr. S.P. Vij	-	Drinks
Rtn. Mrs. Kanan Diwan	}	
PP Dr. V.J.S. Vohra	}	Singer
PP Subhash Bindra	}	
Rtn. Dr. Mrs. Shashi Jain	-	Photographer
PE Deepak Sood and Rtn. A.K. Sachdeva	-	Diyas/Candles
President Ritu Singal	-	Gifts/Presents
PPAjit S. Gulati	-	Coloured Bulletin

For Rotary Foundation:

Rtn. Dev Jeet Singh US \$ 130

For Souvenir A/c:

M/s Gupta Electrical Co., Chandigarh Rs. 10000/-
(Through PE Rtn. Deepak Sood)

Birthday of Spouses

R'ann Neera Gupta



November 22

Birthday of Rotarians

Rtn. Santosh K. Khaitan



November 22

Wedding Anniversary

R'ann Satpaul & Rtn. Balraj Singh

November 16

R'ann Kadam & Rtn. Jeetan Bhambari

November 18

R'ann Lalita & Rtn. Daulat Ram Agarwal

November 19

R'ann Neena & Rtn. P.K. Verma

November 22

PDG Rtn. Shaju Peter

DAFTECH

Floatcell Dissolved Air Flotation Clarifier

The most compact Dissolved Air Flotation Clarifier with German drive system and internal overflow weir.

Saves all applications in Paper and Pulp

Primary treatment of industrial and municipal effluents

Range of oversized activated sludge systems

Proven by plants with over 20 years of experience in the DAF process

One of our installers in Bogotá, Colombia

DAFTECH ENGINEERS PVT LTD
S.C.D 1-A, Madhya Veng
Sector 2C
Chandigarh 160 018
Tel: +91 9814127094
Mobile: +91 9814127094
Fax: +91 92 291988

www.daftechindia.com

PP Rtn. Er. R. K. Luther
M. Tech. (London), M.B.I.M. (London)

Atul Fasteners Ltd.
Manufacturer & Exporters

Self Drilling/Tapping Screws & Special Purpose Fasteners

C-45, Phase-II, Industrial Area, Mohali, Dist. Mohali (Punjab) India-160055
E-mail: atulfasteners@gmail.com
Phone: (0) 9172-402000, 2221042, Fax: 0172-2271335, Mobile: 98149-28267

Rtn. Rajesh Vaidya

Now Your Vehicles in your CONTROL
World's Best GPS/GPRS Enabled Vehicle Tracking System

BLACK BOX
VEHICLE TRACKING SYSTEM
One Device. Multiple Benefits.

Install Black Box in any Vehicle and know about

- Live Location • Live Speed • Distance Traveled
- Idle Time • Stoppages • Fuel Theft

and many more...

HI TECHPOINT
Technologies (P) Ltd.
www.hitechpoint.in

For more details contact:
SCD 96-97, Sector 34-A, Chandigarh.
M: 9216407111, 0172-5016501