

# The Midtowner

Bulletin of Rotary Club of Chandigarh Midtown: R.I. District 3080

R. I. President  
**Sakuji Tanaka**

District Governor  
**Manmohan Singh**

President  
**Ritu Singal**

Secretary  
**Ashok Puri**

Editor  
**Dr. V. J. S. Vohra**

Volume XXXVII No. 31 Dated: January 29, 2013

## PROGRAMME

Skin care as age catches you

Chief Guest: Prof. Dr. G.P. Thami

Head of Skin Department, GMCH-32, Chandigarh

Friday, February 01, 2013

Time: 6.30 p.m.

Venue: Hotel President, Sector 26, Chandigarh

## Republic Day Celebrations with students of Blind Institute

Presiding over the meeting on January 25, 2013, Vice President Amarjit Singh welcomed Students of Blind Institute, Sector 26, Chandigarh and their Wardens Mrs. Rita Vaid, Mr. D.P. Pathak and Music Teacher Mr. Rajesh Kumar Arya. He also acknowledged the presence of R'ann Kanta Handa, wife of Late Rtn. Suraj Handa and their son.

The proceeding was handed over to Rtn. Maj. Gen. A.S. Kahlon who introduced the Students and staff members of Blind Institute and gave background of their long association with our club.

Students gave an excellent performance by singing patriotic

chocolate otherwise, who equally humorous, responded very wittingly, "Ghol ke pi lenge" (The boy was having tea at that time).

Impressed by their performance PP Pallav Mukherjee, PP Anil Mehan, VP Amarjit Singh, Rtn. Maj. Gen. Hardev Singh and Office Secretary V.P. Sharma became Patrons of Blind Instituted by donating Rs. 1,000/- each. PP Harish Sethi who is already a Patron announced a donation of 2,100/- to Blind Institute.

PDG Shaju Peter who is also on the organizing committee of forthcoming Rotary South Asia Summit to be held at



Students from Blind Institute entertained us with excellent performance of patriotic songs



PDG Shaju Peter makes an announcement. Looking on are Maj. Gen. A.S. Kahlon, Vice President Amarjit Singh and Secretary Ashok Puri



R'ann Pushpa & Rtn. Vinod K. Jawa celebrate their wedding anniversary

songs. Rajesh Kumar Arya not only impressively anchored the program but also composed these songs. Their performance touched the hearts of every one present. PP Pallav Mukherjee gifted chocolates and out of his humorous nature asked one of students not to eat it and what he will do with the

Hyderabad International Convention Centre (HICC), Hyderabad, having state-of-the-art facilities, from May 03 to 05, 2013, requested our Rotarians and their spouses to participate in large number. He distributed Registration forms for the Summit. For more details see our bulletin No. 30 or Log on to;

[www.rotarysouthasiasummit2013.org](http://www.rotarysouthasiasummit2013.org)

PP Harish Sethi made an announcement for the forthcoming Golf Tournament and also composition of our Club Team, which will be held on Sunday, 3<sup>rd</sup> February 2013 at

Chandigarh Golf Range, Sector 7, Chandigarh.  
Major Gen. A.S. Kahlon handed over the Gifts, sponsored by

his Grand Daughter Ms. Anahac Kahlon to the Students. He also gave mementos to the staff members of Blind Institute.

### Interesting Speakers Wanted!

Rotarians are requested to suggest interesting speakers for our club meetings. We also intend to keep 3 – 4 meetings for speakers who are Rotarians of Chandigarh Midtown. We have very good speakers, who have given interesting talks and presentations in other Rotary Clubs. In the past we also

had excellent panel discussions and light events like quiz programs, which have been highly applauded. Please contact Chair Weekly Programs PP Gurdip S. Deep (M: 9417245656) with your suggestions and ideas.

### Blood Donation Camp



Blood donation camp at Khuda Ali Sher

Blood Donation Camp was held jointly by our club, Rotary Community Corps (RCC), Youth Club, Nehru Yuvak Kendra and Panchayat at Khuda Ali Sher on 20<sup>th</sup> January 13. Women and young boys of all communities of this village participated in this blood donation camp with full enthusiasm between 9 AM to 1.30 PM.

Medical team consisting of Doctors and technicians of Govt. Multi Speciality Hospital, Sector 16, Chandigarh were there for this useful purpose, to collect 95 units of blood. The blood donors were given half kilo of butter, and certificate of excellence.

Our club was represented by Vice President Amarjit Singh, Secretary Ashok Puri, Rtn. Mrs Kanan Diwan, Director Community Service and Rtn. Vinod Jawa,

Our club handed over cheque of Rs, Five Thousand to President, RCC Bhupinder Singh for this blood donation camp.

### Sadhana Shivir at Rishikesh Report by: Rtn. A.K. Puri



Rtn. A.K. Puri at Rishikesh

I have attended Sadhana Shivir at Rishikesh organized by Rishi Chaitanya Trust under able guidance of Her Holiness Anandmurti Gurumaa from 25-29 Dec.12. About 4000 devotees/disciples from all over India and abroad attended Shivir. Morning of each day used to start from 6 am to 8.30 am with different meditation techniques, Pranayam, Dhyans, Equalising inhale and exale of breath etc, and afternoon Yog Nidra for one hour and evening Satsang for two hours from 4 pm to 6 pm. No mobile in Shivir premises were allowed. We have learnt and enjoyed a lot from this Shivir and Gurumaa told us to learn all these meditation and put to regular daily practice at your home and also taught us to live in present as past is misery, if you remember and future is worry. Always think, if any good thing / Sukh is happening, it may be blessing from Parmatma, In case Dukh./bad thing is there, it may be due to your bad Karma.

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This type of Shivar takes place every year in Rishikesh during December. All willing Rotarians and R'ann, in case they like can join Shivar next year.

## **President Ritu Singal's Facet of Peace – Step 27: Love everybody and seek peace**

Mother Teresa's life story, her philosophy and her pure love for the distress teaches us to love everybody, To be sympathetic and to do whatever we can, No matter how seemingly insignificant, without caring about possible adverse criticism. This is the sure short way to seek peace.

### **My Rotary Moment – PRIP Raja Saboo**

When President-elect Ron Burton asked me to speak on my Rotary Moment, my mind flashed back to mid 80s when I was visiting his State Oklahoma and was staying with our very good friend late PRID Roy Trout. He had arranged for me to address a luncheon meeting of a Rotary Club about 100 miles away. A Rotarian owning a single engine plane had



*PRIP Raja Saboo at San Diego*

come to take Usha and me for that meeting. It was a very cloudy day and the flight was extremely bumpy.

Usha was scared to death. With the rosary in her hand she leaned over to me and whispered, "Must you go to any place where you get free

lunch?" That was some Rotary moment !!

Rotary journey is full of moments of joy, laughter, compassion, care, even tear..... with the ultimate of fulfillment.

My leaders, you are on that journey and I extend my salutation to you.

One idea, that not only changed a life, or may be many lives,

one advice that gave a nation-wide identity to Rotary..... this is a story that happened in 1976 in a small town, Gurdaspur, in North India.

After serving a six year term in prison, When Gurbux Singh, a life convict was released on parole for good conduct, he found his family penniless and no body wanted to accept him. After all he was branded.....a murderer, a life convict.,

Dejected and totally broken, Gurbux Singh, returned to the prison and pleaded with the kind hearted Superintendent and said, "this is the only place I can call home now. Please take me back".

The Superintendent consoled him and directed him to the local Rotary club. Gurbux had come to the end of the road and as a last straw of hope, approached the local Rotary Club. Earlier during his official visit to the Rotary Club of the town which did not have much economic activity, the District Governor had suggested a project, to rehabilitate ex-convicts. That would require not much funds but deep commitment of Rotarians. As is well known, the governor gives an idea and as soon as he turns his back the club forgets it. But not this club. The club took the idea seriously, and established contact with the Prison authorities.

Thus when Gurbux approached the Rotarians, they checked his antecedents. Except this one incident of a drunken brawl when he killed a man and was given life imprisonment, Gurbux had a clean record.

Remembering the District Governor's advice, the club decided to help him. Rotarians stood surety and got him a bank loan of 1000 dollars to buy two buffaloes. Gurbux started small business of selling milk, but no body would buy

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from an ex-convict. Once again Rotarians came forward and started buying milk from him.

Because Gurbux was a changed man and was supplying quality milk, his customers increased and he started paying off his loan. His business enhanced. Thanks to Rotary, Gurbux was now a respected member of the society. But that is not the end of the story.

One fine morning the District Governor received a letter and I quote, "You do not know me but your advice to the Rotary Club has changed my life". He closed his letter with the words, "Thank you, Sir, and thanks to all the kind

hearted Rotarians for helping the downtrodden and dejected people like me".

Friends, I was that fortunate Governor and receiving that letter, was my proud Rotary moment.

I hope in your term as District Governor as you will engage Rotary you will have many opportunities to change some life....many a life, lift many a Gurbux. Let those be your memorable Rotary moments, just as I remember after 36 years of my touching Rotary moment.

Source: International Assembly 2013, San Diego  
 Courtesy: www.eflashonline.org

### PDG Shaju at Chandigarh Shivalik



Memento of a Pilea sapling to PDG Shaju from Col. Balbir Singh. Looking on is President Shyam

Invited by President Shyam Rawal of Chandigarh Shivalik to share Rotary Information to the members in January Rotary Information month PDG Shaju Peter was at the club in their weekly meeting on Tuesday, January 22, 2013 at Sip 'N' Dine.

Describing the presentation as "Back to Basics," Shaju familiarized the Rotarians with the history of our organization, its organizational structure, Rotarians' privileges and responsibilities, and programmes of the Rotary International and of the Rotary Foundation in a half-an-hour interactive session.

He was introduced to the audience by Vice President Col. Balbir Singh.

Rtn. Brig. D.S. Dhillon proposed the formal vote of thanks.

### Acknowledgment with thanks

#### Donations for Club Projects:

R'ann Mrs. Kanta Handa - Rs. 1100/- in remembrance of birthday of her late husband Rtn. Suraj Handa which falls on 31<sup>st</sup> January

Rtn. Maj Gen. Hardev Singh

Rs. 1100/-

Rtn. Vinod Jawa

Rs. 1100/-

#### Birthday of Spouses

R'ann Satpal Kaur

February 02

R'ann Mira Mahajan

February 03



### Birthday of Rotarians

Rtn. Salil Bali

February 03

Rtn. Mrs. Davinder K. Singh

February 06

PP Rtn. T.S. Anand

February 07



### Wedding Anniversary

Rtn. Dr. Anureet & Mr. Raj Karan S. Bhatti

February 01

R'ann Gurpreet & Rtn. Munish Jauhar

February 02

R'ann Asha & Rtn. Rajiv Aggarwal

February 02

R'ann Bir & PP Rtn. Ajit S. Gulati

February 04

### Punctuality Draw

Won by Rtn. R.T.P.S. Tulsi

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